ADHERE: Efficacy and Safety of Efgartigimod in Chronic Inflammatory Demyelinating Polyneuropathy



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CIDP is a Severe and Debilitating Immune-Mediated Polyneuropathy¹⁻⁴

• CIDP is an **autoimmune, inflammatory, demyelinating neuropathy** resulting in distal/proximal weakness and/or sensory deficits, with a high treatment burden^{1,5}



- Evidence supports a role for pathogenic lgGs in the pathogenesis of CIDP, although in most patients a specific antibody is not detectable^{2,9–11}
- Efgartigimod is a human IgG1 Fc fragment that outcompetes endogenous IgG, preventing recycling, and promoting lysosomal degradation of IgG, without impacting IgG production¹²⁻¹⁷
- Efgartigimod PH20 SC is a coformulation of efgartigimod and recombinant human hyaluronidase PH20 (rHuPH20), which allows for rapid (30–90s single injection) SC administration of larger volumes^{18,19}

Efgartigimod has been shown to reduce IgG antibody levels in healthy volunteers and patients with other autoimmune diseases^{12,14–17}

CIDP, chronic inflammatory demyelinating polyneuropathy; IgG, immunoglobulin G; IVIg, intravenous immunoglobulin; PH20, recombinant human hyaluronidase PH20; s, second; SC, subcutaneous; SCIg, subcutaneous immunoglobulin.

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ADHERE (NCT04281472): A Multicenter, Multi-Stage, Randomized-Withdrawal, Double-Blinded, Placebo-Controlled Trial of Efgartigimod in CIDP

IDENTIFY PATIENTS WITH ACTIVE DISEASE TREATMENT PERIOD OPEN-LABEL DOUBLE-BLINDED SCREENING STAGE A STAGE B Diagnosis of probable or definite CIDP confirmed by adjudication panel of CIDP experts¹ 1000 mg efgartigimod PH20 SC weekly Current CIDP treatment: 1000 mg efgartigimod Responders Corticosteroids PH20 SC weekly - IVIg/SCIg Placebo PH20 SC weekly − Off treatment: treatment discontinued ≥6 months before study entry or without previous treatment **RUN-IN PERIOD** ≤12 weeks ≤48 weeks ≤12 weeks Until evidence of clinical improvement^b Until 88 events (relapses)^c Participants on treatment must suspend therapy and for 2 consecutive visits demonstrate evidence of clinically meaningful **PRIMARY ENDPOINT PRIMARY ENDPOINT** deterioration^a Percentage of participants with Time to first aINCAT deterioration^d (relapse) Patients off treatment with active disease may skip evidence of clinical improvement compared with stage B baseline the run-in and enter stage A

aINCAT, adjusted Inflammatory Neuropathy Cause and Treatment; CIDP, chronic inflammatory demyelinating polyneuropathy; ECI, evidence of clinical improvement; ECMD, evidence of clinically meaningful deterioration; I-RODS, Inflammatory Rasch-built Overall Disability Scale; IVIg, intravenous immunoglobulin; PH20, recombinant human hyaluronidase PH20; SC, subcutaneous; SCIg, subcutaneous immunoglobulin.

^aECMD was defined as an aINCAT increase of ≥ 1 points, an I-RODS decrease of ≥ 4 points, or a grip strength decrease of ≥ 8 kPa. ^bECI was defined as an improvement (≥ 1 -point decrease) in aINCAT score compared with stage A baseline score. For non-off-treatment participants who had no change in aINCAT score and deteriorated on I-RODS and/or grip strength during the run-in period, ECI was defined as an increase of ≥ 4 points in I-RODS and/or an increase of ≥ 8 kPa in grip strength during stage A, or improvement in aINCAT. ^cThe primary endpoint was assessed once 88 total relapses or events were achieved in stage B and was based on the hazard ratio for the time to first aINCAT deterioration (ie, relapse). ^daINCAT deterioration was defined as an increase of ≥ 1 points in aINCAT score compared with stage B baseline.

Baseline Characteristics Were Similar Between Stages A and B and Well Balanced Between Treatment Groups

	Open-Label Stage A	Double-Blinded Stage B	
	Efgartigimod PH20 SC (N=322)	Efgartigimod PH20 SC (N=111)	Placebo (N=110)
Age, y, mean (SD)	54.0 (13.9)	54.5 (13.2)	51.3 (14.5)
Sex, male, n (%)	208 (64.6)	73 (65.8)	69 (62.7)
Time since diagnosis, y, mean (SD)	4.9 (6.1)	3.7 (4.4)	3.8 (4.7)
Typical CIDP diagnosis, n (%)	268 (83.2)	97 (87.4)	95 (86.4)
Unstable active disease (CDAS: 5), n (%)	197 (61.2)	74 (66.7)	76 (69.1)
Prior treatment (within past 6 months), n (%) Corticosteroids Immunoglobulins (IVIg, SCIg) Off treatment ^a	63 (19.6) 165 (51.2) 94 (29.2)	24 (21.6) 48 (43.2) 39 (35.1)	23 (20.9) 48 (43.6) 39 (35.5)
alNCAT score, mean (SD) ^{b,c}	4.6 (1.7)	3.1 (1.5)	3.3 (1.6)
I-RODS score, mean (SD) ^{b,c}	40.1 (14.7)	53.6 (17.9)	51.2 (15.4)
Grip strength (dominant hand), kPa, mean (SD) ^{b,d}	38.5 (24.2)	54.9 (23.6)	58.0 (25.1)

aINCAT, adjusted Inflammatory Neuropathy Cause and Treatment; CDAS, CIDP disease activity status; CIDP, chronic inflammatory demyelinating polyneuropathy; I-RODS, Inflammatory Rasch-built Overall Disability Scale; IVIg, intravenous immunoglobulin; kPa, kilopascal; PH20, recombinant human hyaluronidase PH20; SC, subcutaneous; SCIg, subcutaneous immunoglobulin; SD, standard deviation; y, year.

^aOff treatment was defined as participants who had discontinued treatment >6 months before study entry or without previous treatment. ^bClinical assessments were performed at the beginning of each stage. ^cLower scores represent improvement on aINCAT, while higher scores represent improvement for I-RODS. ^dNondominant scores were similar.

Efgartigimod Was Clinically Effective: 66.5% of Participants Demonstrated Evidence of Confirmed Clinical Improvement in Stage A



alNCAT, adjusted Inflammatory Neuropathy Cause and Treatment; CI, confidence interval; CIDP, chronic inflammatory demyelinating polyneuropathy; ECI, evidence of clinical improvement; I-RODS, Inflammatory Rasch-built Overall Disability Scale; kPa, kilopascal; PH20, recombinant human hyaluronidase PH20; SC, subcutaneous.

^aECI was defined as an improvement (≥1-point decrease) in aINCAT score compared with stage A baseline score. For non–off-treatment participants who had no change in aINCAT score and deteriorated on I-RODS and/or grip strength during the run-in period, ECI was defined as an increase of ≥4 points in I-RODS and/or an increase of ≥8 kPa in grip strength during stage A or improvement in aINCAT. ^bPrespecified sensitivity analysis excluded participants who were ongoing in stage A at the time of study completion (after the 88th event had occurred) and did not have the full opportunity to achieve a response.

Efgartigimod Significantly Reduced the Risk of Relapse by 61% Compared With Placebo in Stage B

Double-Blinded Stage B: Primary Endpoint Time to First aINCAT Deterioration^a Compared With Stage B Baseline



aINCAT, adjusted Inflammatory Neuropathy Cause and Treatment; CIDP, chronic inflammatory demyelinating polyneuropathy; HR, hazard ratio; PH20, recombinant human hyaluronidase PH20; SC, subcutaneous.

^aThe time to first aINCAT deterioration was defined as the number of days from first dose in stage B to the first occurrence of an increase of ≥1 points on the aINCAT score compared with stage B baseline. ^bThe HR was obtained from a Cox proportional hazard model with treatment as a fixed effect, and the model was stratified by prior CIDP therapy and aINCAT score during stage A.

Clinical Benefit Was Demonstrated Across Multiple Efficacy Measures, Regardless of Prior CIDP Treatment

Open-Label Stage A: Secondary Endpoint Time to Initial Confirmed ECI by Prior Treatment^a Double-Blinded Stage B: Primary Endpoint Time to First aINCAT Deterioration^b Compared With Stage B Baseline by Prior Treatment



aINCAT, adjusted Inflammatory Neuropathy Cause and Treatment; CIDP, chronic inflammatory demyelinating polyneuropathy; ECI, evidence of clinical improvement; EFG, efgartigimod; I-RODS, Inflammatory Rasch-built Overall Disability Scale; IVIg, intravenous immunoglobulin; PH20, recombinant human hyaluronidase PH20; SC, subcutaneous; SCIg, subcutaneous immunoglobulin.

^aECI was defined as an improvement (\geq 1-point decrease) in aINCAT score compared with stage A baseline score. For non-off-treatment participants who had no change in aINCAT score and deteriorated on I-RODS and/or grip strength during the run-in period, ECI was defined as an increase of \geq 4 points in I-RODS and/or an increase of \geq 8 kPa in grip strength during stage A or improvement in aINCAT. ^bThe time to first aINCAT deterioration was defined as the number of days from first dose in stage B to the first occurrence of an increase of \geq 1 points on the aINCAT score compared with stage B baseline.

Efgartigimod-Treated Participants Experienced Deep and Clinically Meaningful Improvements in Functional Ability



INCAT Disability Scale: Arm Disability^{1c}



0= No upper limb problems; 1= Symptoms in one/both arms without impacting the ability to perform certain functions^d; 2= Symptoms in one/both arms affecting but not preventing the ability to perform functions; 3= Symptoms in one/both arms preventing the performance of 1-2 functions; 4= Symptoms in one/both arms preventing the performance of ≥3 functions; 5= Inability to use either arm for any purposeful movement



0= Walking not affected; 1= Walking affected, but walks independently outdoors; 2= Usually uses unilateral support to walk outdoors; 3= Usually uses bilateral support to walk outdoors; 4= Usually uses wheelchair to travel outdoors, but able to stand and walk a few steps with help; 5= Restricted to wheelchair, unable to stand and walk a few steps with help

aINCAT, adjusted Inflammatory Neuropathy Cause and Treatment; PH20, recombinant human hyaluronidase PH20; SC, subcutaneous.

^aMean stage A baseline aINCAT score was 4.5. Some participants could not improve beyond a certain level due to their baseline aINCAT score, ie, participants with an aINCAT baseline score of 2 or 3 could not reach improvements of 3 or 4, respectively. ^bFor the aINCAT score, changes in the function of the upper limbs from 0 (normal) to 1 (minor symptoms) or vice versa were not recorded as deterioration or improvement, because these changes were not considered clinically significant. ^cThe INCAT disability score¹ is a 10-point scale that assesses activity limitations of arms and legs; both are scored separately from 0–5, with 0 representing no functional impairment and 5 representing inability to make any purposeful movement. ^dFunctions include: doing all zips and buttons, washing or brushing hair, using a knife and fork together, and handling small coins.

Efgartigimod Was Well Tolerated and Most TEAEs Were Mild or Moderate in Severity

	Open-Label Stage A	Double-Blinded Stage B	
n (%)	Efgartigimod PH20 SC (N=322; PYFU=46.9)	Efgartigimod PH20 SC (N=111; PYFU=56.7)	Placebo (N=110; PYFU=42.1)
Participant with event			
Any TEAE	204 (63.4)	71 (64.0)	62 (56.4)
Any SAE	21 (6.5)	6 (5.4)	6 (5.5)
Injection site reactions	62 (19.3)	16 (14.4)	7 (6.4)
Discontinued due to AEs ^a	22 (6.8)	3 (2.7)	1 (0.9)
Deaths ^b	2 (0.6)	0 (0)	1 (0.9)
Most common TEAEs (≥5% of participants in any group)			
Injection site erythema	33 (10.2)	6 (5.4)	0 (0)
CIDP	17 (5.3)	1 (0.9)	1 (0.9)
Headache	16 (5.0)	4 (3.6)	2 (1.8)
Upper respiratory tract infection	11 (3.4)	2 (1.8)	11 (10.0)
COVID-19	7 (2.2)	19 (17.1)	14 (12.7)
Injection site bruising	4 (1.2)	6 (5.4)	1 (0.9)

AE, adverse event; CIDP, chronic inflammatory demyelinating polyneuropathy; COVID-19, coronavirus disease 2019; PH20, recombinant human hyaluronidase PH20; PYFU, participants years of follow-up; SAE, serious adverse event; SC, subcutaneous; TEAE, treatment-emergent adverse event.

^aTEAEs grouped under Preferred Terms leading to efgartigimod PH20 SC discontinuation were Cardiac arrest (n=1), Injection site rash (n=1), COVID-19 (n=1), COVID-19 pneumonia (n=1), Muscular weakness (n=1), CIDP (n=15), Quadriparesis (n=1), and Pruritus (n=1) in stage A; COVID-19 pneumonia (n=1), Prostate cancer (n=1), and Transitional cell carcinoma (n=1) in stage B efgartigimod PH20 SC; and Pneumonia (n=1) in stage B placebo SC. ^bTwo deaths (cardiac arrest and deterioration of CIDP) in stage A were considered not related to efgartigimod PH20 SC by the investigator; one death (pneumonia) in the placebo arm of stage B was considered treatment related by the investigator.

Conclusions



ADHERE, the largest randomized, controlled trial of any CIDP treatment to date, supports a key role for IgG autoantibodies in CIDP pathology



Regardless of prior CIDP therapy, participants treated with efgartigimod PH20 SC demonstrated clinical benefits:

- Evidence of rapid clinical improvement (stage A)
- Maintained clinical response to treatment (stage B)
- 61% reduced risk of relapse compared with placebo (stage B)



Weekly efgartigimod PH20 SC was well tolerated and demonstrated a consistent safety profile with prior clinical trials in other autoimmune diseases^{1–4}



A single, rapid (30–90s) injection of weekly efgartigimod PH20 SC may provide a new therapeutic option to reduce treatment burden in patients with CIDP

CIDP, chronic inflammatory demyelinating polyneuropathy; IgG, immunoglobulin G; PH20, recombinant human hyaluronidase PH20; s, second; SC, subcutaneous.