EPR-127

"A real world experience with Efgartigimod in generalized Myasthenia Gravis in a national reference center»

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Efgartigimod and Myasthenia Gravis (MG)

Efgartigimod (EFG) is a humanized IgG1 Fc fragment with increased affinity for the neonatal Fc receptor (FcRn) for IgGs.

EFG inhibits the FcRn causing increased catabolism of IgG and specific autoantibodies.

The efficacy of EFG was reported by the Phase 3 ADAPT trial along a clinical follow up of 26 weeks (*Howard JF et al., Lancet Neurol 2021; 20: 526–36*).

We studied the efficacy of EFG in 19 gMG in a real world setting in a single center, from November 2021 to February 2023



EFG treatment schedule:



Fixed period (A):Cycle 1 + 2 (4)Flexible Period (B):EFG given in

Cycle 1 + 2 (4 weekly infusions each) EFG given in case of MG-ADL, QMG changes

3 cycles: 53%, 4 cycles 26% and 5 cycles 21% of patients





Clinical improvement outlasted IgG half-life

EFG and autoantibody specificities







Mean AChR-Ab reduction after 2 cycles (Fixed Period): 63%

Side Effects: very mild (headache 21%, diarrhea 16%, upper resp. tract infection 26%)

Covid-19 infection in 10/19 (53%), all vaccinated; no lung involvement, no MG worsening

PIS at 14 months: 79% of positive outcomes (MM 16% + Improved 63%)

Prednisone: prescribed in 15/19 (79%): mean reduction 33%



Course of the disease before (1 year) and during EFG







Conclusions

EFG provided rapid and clinically meaningful improvement in gMG patients in a real world setting, regardless of their serostatus.

EFG had a dramatic effect on the disease course.

EFG had a steroid-sparing effect.

A longer real world follow-up is needed to assess the influence of ongoing therapies and variables potentially associated with improvement to design the optimal schedule(s) of administration of EFG in gMG.

