

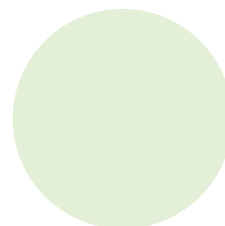
# Your guide to using MMN-RODS<sup>®</sup> in clinical practice



## What is MMN-RODS?

**MMN-RODS is a disease-specific assessment tool to measure outcomes in patients with MMN**

- It is a 25-item questionnaire that covers a wide range of daily activities
- Patients rate each item as unable to perform (score: 0), able to perform, but with difficulty (score: 1), or able to perform without difficulty (score: 2)
- MMN-RODS is scored out of a total of 50; a lower MMN-RODS score indicates a more severe disease condition
- It is expected to take 2–3 minutes to complete



## How to support your patient in completing the questionnaire

**It is recommended that you go through the questionnaire with your patient, without requesting answers, to ensure they fully understand each item**

- It is important not to introduce bias during this discussion; all scores must be determined from the patient's perspective of their condition

**If it is the first time a patient is completing MMN-RODS, the following points should be explained:**

- Answers should be solely related to the possible impact of MMN on the patient, excluding the impacts of any other conditions as much as possible
- Answers to each question should be exclusively in the context of the patient's affected limb(s)
- There are no right or wrong answers; how the patient feels about their disease is most important

## How to manage scoring queries

**What score applies if the patient is unsure about their ability to complete a task?**

- Ask the patient to choose a score that reflects their best performance for the task
- If they are still unsure, you may observe the patient performing the task and offer your opinion

**What score applies if the item is not relevant to the situation of a patient (e.g. they never do the laundry)?**

- Ask the patient to choose a score to the best of their personal judgment of their ability to perform the task

**What score applies if the patient uses a device (e.g. adapted cutlery; adapted teeth brush) to complete a task?**

- The patient should score the task as *'able to perform, but with difficulty'*

**What if the patient is not able to complete a task, even with the help of a device?**

- The patient should score the task as *'unable to perform'*

# The 25-item MMN-RODS questionnaire<sup>1</sup>

Are you able to:	Unable to perform 0	Able to perform, but with difficulty 1	Able to perform without difficulty 2
1. Read a newspaper or book?			
2. Make a telephone call?			
3. Eat?			
4. Open and close a door?			
5. Dress your upper body?			
6. Brush your teeth?			
7. Drink out of a mug/glass?			
8. Turn a key in a lock?			
9. Use a knife and fork (spoon)?			
10. Clean yourself after a toilet visit?			
11. Fill in a form?			
12. Zip your trousers?			
13. Get money from an ATM?			
14. Cook?			
15. Pick up a small object?			
16. Work on a computer?			
17. Make a bed up?			
18. Fold the laundry?			
19. Throw an object (e.g. a ball)?			
20. Slice vegetables?			
21. Peel an apple/orange?			
22. Handle small objects (e.g. a coin)?			
23. Tie your laces?			
24. Clip your fingernails?			
25. Button a shirt/blouse?			
<b>Column sum score:</b>			
<b>Raw total score (range 0–50):*</b>			

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\*To interpret MMN-RODS, the raw scores are transformed to logits and then to a centile metric, ranging from 0 to 100, to determine the final MMN-RODS score.<sup>2</sup>

ATM, automated teller machine; MMN, multifocal motor neuropathy; RODS, Rasch-built Overall Disability Scale.

1. Vanhoutte EK, et al. *J Peripher Nerv Syst.* 2015;20:296–305; 2. Vanhoutte EK. Peripheral neuropathy outcome measures standardisation (PeriNomS) study part 2 : getting consensus. Doctoral Thesis. Maastricht University; 2015.

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